

# 1% Lowfat Strawberry Milk

## Nutrition Facts

Serving Size One Cup (236 mL)

Servings Per Container

Amount Per Serving

**Calories 150**      **Calories From Fat 25**

% Daily Value\*

**Total Fat 2.5g**      **4%**

Saturated Fat 1.5g      **8%**

Trans Fat 0g

**Cholesterol 10mg**      **4%**

**Sodium 220mg**      **9%**

**Potassium 380mg**      **11%**

**Total Carbohydrate 25g**      **8%**

Sugars 23g

**Protein 8g**

Vitamin A 10%      • Vitamin C 2%

Calcium 30%      •

Vitamin D 25%      • Riboflavin 20%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	65g

**INGREDIENTS:** Lowfat Milk, High Fructose Corn Syrup, Sugar, Natural and Artificial Strawberry Flavor, Citric Acid, Red #40 Color, Vitamin A Palmitate and Vitamin D3.