

French Onion Dip n Chip

Nutrition Facts			
Serving Size 2 Tbsp (30g)			
Servings Per Container			
Amount per Serving			
Calories 80	Calories from Fat 45		
% Daily Value *			
Total Fat 5g	8%		
Saturated Fat 3g	16%		
<i>Trans Fat</i> 0g			
Cholesterol 20 mg	7%		
Sodium 180 mg	8%		
Total Carbohydrates 5g	2%		
Dietary Fiber 0g	0%		
Sugars 4g			
Protein 3g			
Vitamin A 4%	Vitamin C 0%		
Calcium 10%	Iron 0%		
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	less than	65 g	80 g
Sat. Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS: Pasteurized cream, Salt, Dehydrated Onion, Monosodium Glutamate, Hydrolyzed Vegetable Protein, Sugar, and Dehydrated Parsley.