

# Liquid Eggs

*Pasteurized, Homogenized*

<b>Nutrition Facts</b>			
Serving Size: 3 Tbsp			
Servings Per Container:			
<b>Amount per Serving</b>			
Calories 70	Calories from Fat 40		
% Daily Value *			
<b>Total Fat</b> 4.5g	7%		
Saturated Fat 1.5g	7%		
<i>Trans Fat</i> 0g			
<b>Cholesterol</b> 200 mg	66%		
<b>Sodium</b> 65 mg	3%		
<b>Total Carbohydrates</b> 0g	0%		
<b>Protein</b> 7g	15%		
Vitamin A 8%	Vitamin C 0%		
Calcium 2%	Iron 4%		
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	less than	65 g	80 g
Sat. Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

## **INGREDIENTS:**

Whole eggs, citric acid (to preserve color), and xanthan gum

## **CONVERSION CHART:**

2 eggs = 1/3 cup

6 eggs = 1 cup

12 eggs = 2 cups