

LITE Sour Cream

16 ounce

Nutrition Facts			
Serving Size	2 Tbsp (32g)		
Servings Per Container			
Amount per Serving			
Calories 40	Calories from Fat 25		
% Daily Value *			
Total Fat 2.5g	4%		
Saturated Fat 1.5g	9%		
<i>Trans Fat</i> 0g			
Cholesterol 10mg	4%		
Sodium 25mg	1%		
Potassium 80mg	2%		
Total Carbohydrates 2g	1%		
Dietary Fiber 0g			
Sugars 2g			
Protein 2g			
Vitamin A 2%	Vitamin C 0%		
Calcium 6%	Iron 0%		
Riboflavin 4%	Phosphorus 4%		
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	less than	65 g	80 g
Sat. Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS: Cultured Cream, Kosher Gelatin, Nonfat Dry Milk