

Pittsburgh Cream Cheese 5#

Nutrition Facts			
Serving Size: 1oz (30g)			
Servings Per Container: 80			
Amount per Serving			
Calories 110	Calories from Fat 100		
% Daily Value *			
Total Fat 11g	16%		
Saturated Fat 7g	33%		
<i>Trans Fat</i> 0.5g			
Cholesterol 40 mg	14%		
Sodium 90 mg	4%		
Potassium 70 mg	2%		
Total Carbohydrates 2g	1%		
Dietary Fiber 0g	0%		
Sugars 2g			
Protein 1g	3%		
Vitamin A 8%	Vitamin C 0%		
Calcium 4%	Iron 0%		
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	less than	65 g	80 g
Sat. Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g