

Formula Name: Slim n Trim Raspberry Yogurt

Formula Number: 109

Serving Weight: 189.8 grams

Label Description: FULL STANDARD

<b>Nutrition Facts</b>	
Serving Size 1/2 Cup (120 ml)	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	Calories From Fat 10
	<b>% Daily Value*</b>
<b>Total Fat</b> 1g	2%
Saturated Fat 1g	4%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	1%
<b>Sodium</b> 65mg	3%
<b>Potassium</b> 220mg	6%
<b>Total Carbohydrate</b> 22g	7%
Dietary Fiber 0g	0%
Sugars 17g	
<b>Protein</b> 5g	
Vitamin A 0%	Vitamin C 4%
Calcium 15%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g

**INGREDIENTS:** Cultured Non Fat Skim Milk, Milk, Sugar, Raspberries, High Fructose Corn Syrup, Raspberry Flavor and Other Natural Flavors, Modified Food Starch, Non Fat Milk Solids, Gelatin, Propylene Glycol Monoester, Guar Gum, Lactic Acid, Citric Acid, Acetic Acid, Artificial Flavors, Artificial Color (FD&C #40, Blue #1), Potassium Sorbate added for freshness.  
CONTAINS: MILK