

Formula Name: VANILLA SHAKE 'EM UP 6 OUNCE
 Formula Number: 48
 Serving Weight: 191.3 grams
 Label Description: FULL STANDARD

| Nutrition Facts | |
|---|---------------------------|
| Serving Size 6 fl oz | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 230 | Calories From Fat 60 |
| % Daily Value* | |
| Total Fat 7g | 10% |
| Saturated Fat 4g | 21% |
| Trans Fat 0g | |
| Cholesterol 30mg | 9% |
| Sodium 160mg | 6% |
| Potassium 270mg | 8% |
| Total Carbohydrate 35g | 12% |
| Dietary Fiber 2g | 9% |
| Sugars 26g | |
| Protein 7g | 14% |
| Vitamin A 10% | • Vitamin C 4% |
| Calcium 25% | • Iron 0% |
| Vitamin D 20% | • Riboflavin 25% |
| Phosphorus 20% | |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Sat Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Potassium | 3,500mg 3,500mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Protein | 50g 65g |

INGREDIENTS: Milk, Sugar, Corn Syrup, Skim Milk, Cream, Whey, Natural and Artificial Vanilla Flavor, Guar Gum Carrageenan, Potassium Phosphate, Sodium Citrate, Vitamin A Palmitate, Vitamin D3.